



**Westampton Recreation**  
**\*SPRING\***  
**8 Week Session**  
**Monday Mornings**  
**April 16<sup>th</sup> – June 11<sup>th</sup>**  
**(No Class 5/28)**

**Mommy and Me Movement Class 30 minutes - Fee: \$72**  
**18 month - 2 1/2 year olds @ 9:30 – 10:00**

Join your toddler in this 30 minute MOMMY & ME movement class which will improve your toddler's motor skills and coordination while they are having fun and developing social skills. During this structured class parents will assist children in their first exposure to a range of activities including rhythmic movement, ball play, obstacle courses, parachute games and much more!

**Tumblin' Tots 45 minute class- Fee: \$88**  
**2 1/2 - 4 year olds @ 10:15 – 11:00**

Our "Adventures in Exercise" make fitness fun for children. With exercise hidden within play based activities your child will build motor skills and coordination while having fun and developing social skills. Activities include weekly greeting and stretch, cardio warm ups with props and music, obstacle courses and games, parachute play and more! In a non-competitive setting we encourage listening and cooperation and it is our goal to see that each child experiences feelings of success during each class leading to improved self-esteem and confidence.

Classes held at the Recreation Center - 50 Springside Road, Westampton  
**Pre-registration is required due to limited class size!**

Mail registration form & payment to:  
 P.O. Box 370 – Mount Laurel, NJ 08054

**\* WESTAMPTON SPRING SESSION – MONDAY\***

**Circle Session Time: 9:30 / 10:15**

Name of Participant \_\_\_\_\_ Age \_\_\_\_\_ Birth date \_\_\_\_\_  
 Boy \_\_\_\_\_ Girl \_\_\_\_\_ Parent/Guardian Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Phone \_\_\_\_\_ E-mail \_\_\_\_\_

I, \_\_\_\_\_, give permission for my child, \_\_\_\_\_, to participate in the Tumblin' Tots Children's Program. I understand that participation in any physical activity involves inherent risk and that even when safety precautions are utilized, injuries can occur. I hereby release Tumblin' Tots LLC, its employees, staff and volunteers from all claims, including bodily injury, which may be sustained in connection with participation in this program. I give Tumblin' Tots LLC permission to have my child appear in media and understand this is for the professional use only of Tumblin' Tots LLC.

Name of Parent/Guardian: \_\_\_\_\_  
 Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_